



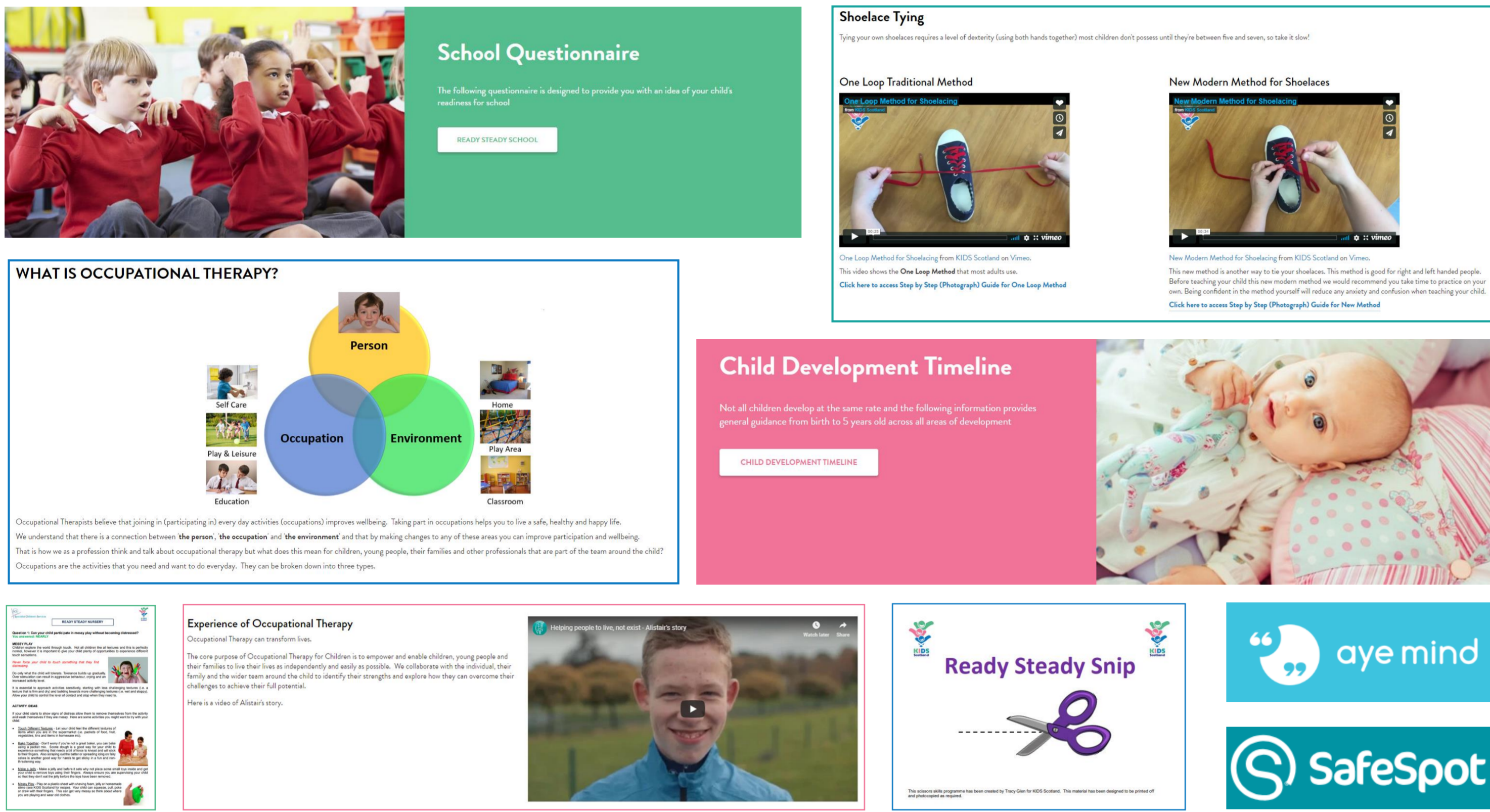
Kids Independently Developing Skills



A digital health tool empowering children/young people and those closest to them to self-manage their health and wellbeing needs.

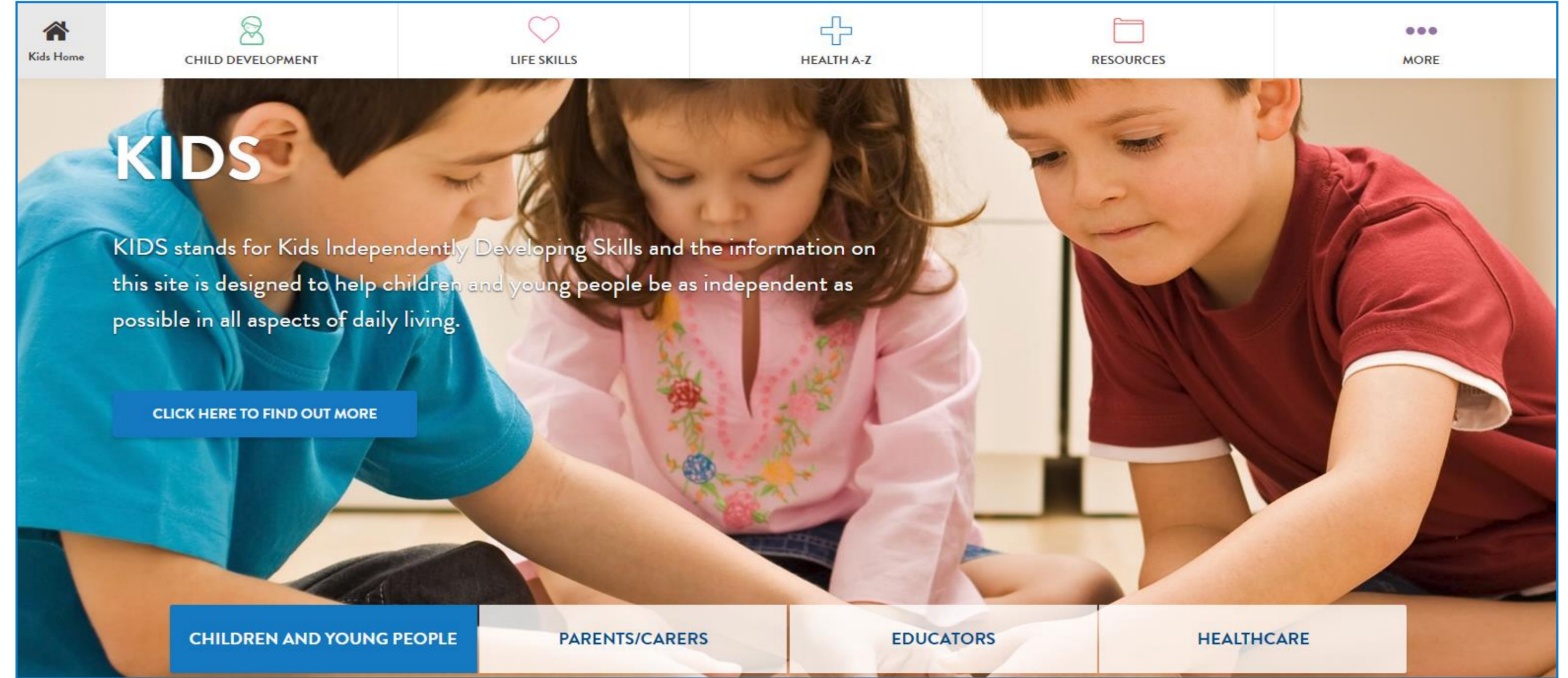
The Big Idea

The Community Paediatric Occupational Therapy Service in NHS Greater Glasgow and Clyde works across a diverse population with a relatively small staff group. Therapists were providing families with similar information, advice and strategies in paper formats as part of their journey through the service. Influenced by Ready to Act and The Digital Health and Care Strategy it was agreed that a digital solution that allowed the service to provide consistent evidence-based information across NHSGGC was required.



The Journey So Far

The Occupational Therapy Service was given funding by The Glasgow Children's Hospital Charity to build a person-centred, interactive digital health tool. Young people, carers and professionals views were sought at all stages of the development of the platform with regard to its build, content and design. KIDS is now live and in the public domain at www.nhsggc.org.uk/kids



KIDS:

- Promotes self-management of children/young peoples health and well-being needs.
- Provides early intervention provision without direct access to Specialist Childrens Services.
- Provides consistent messages across Greater Glasgow and Clyde.
- Is accessible on mobiles, tablets, laptops and PCs

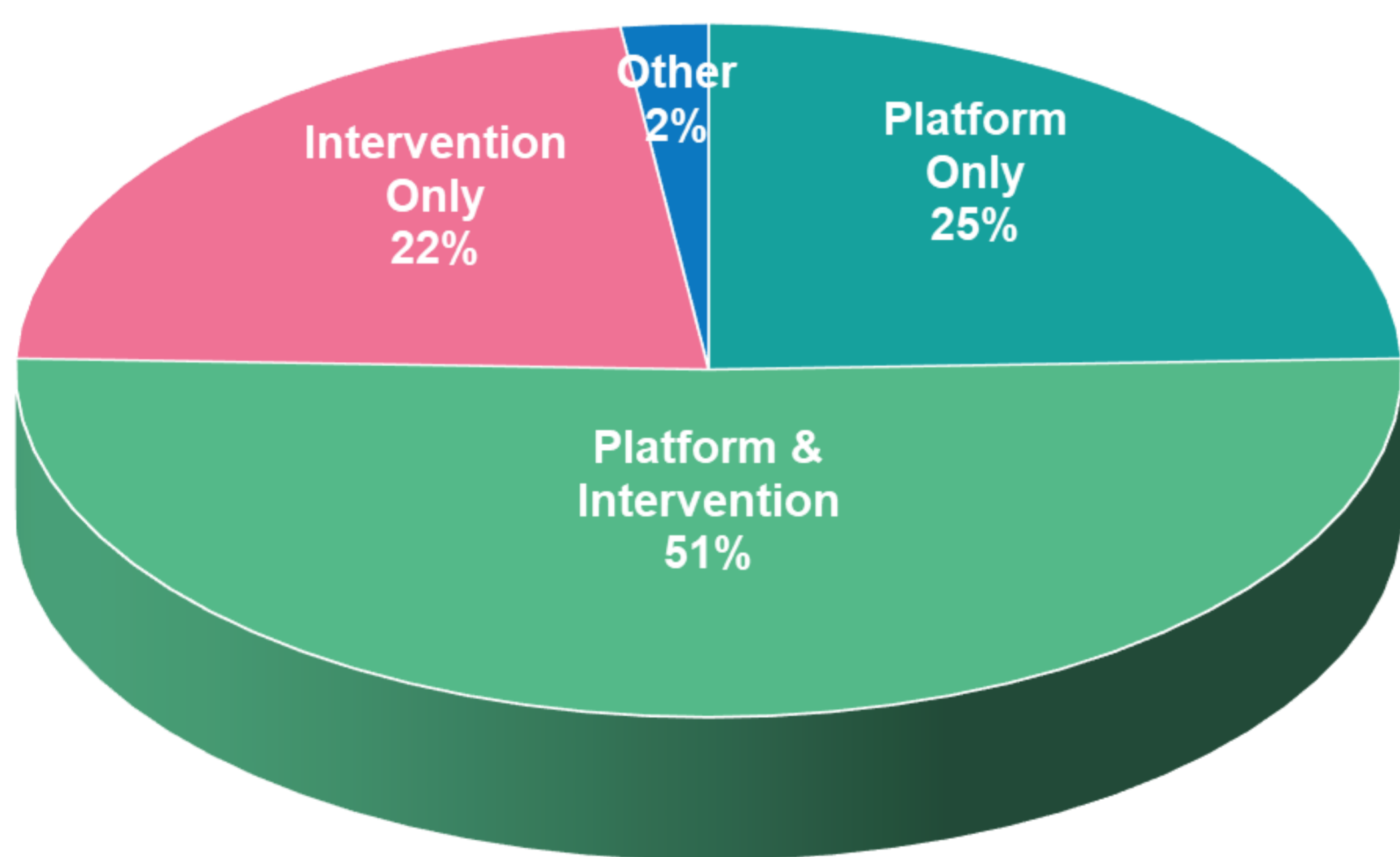
KIDS includes:

- Printable/shareable content, resources and guidance
- Video and audio resources and guidance
- Location services for clinics/points of contact
- Interactive content for all users, including questionnaires and child development timeline.
- Information on partner and third sector organisations.

Impact

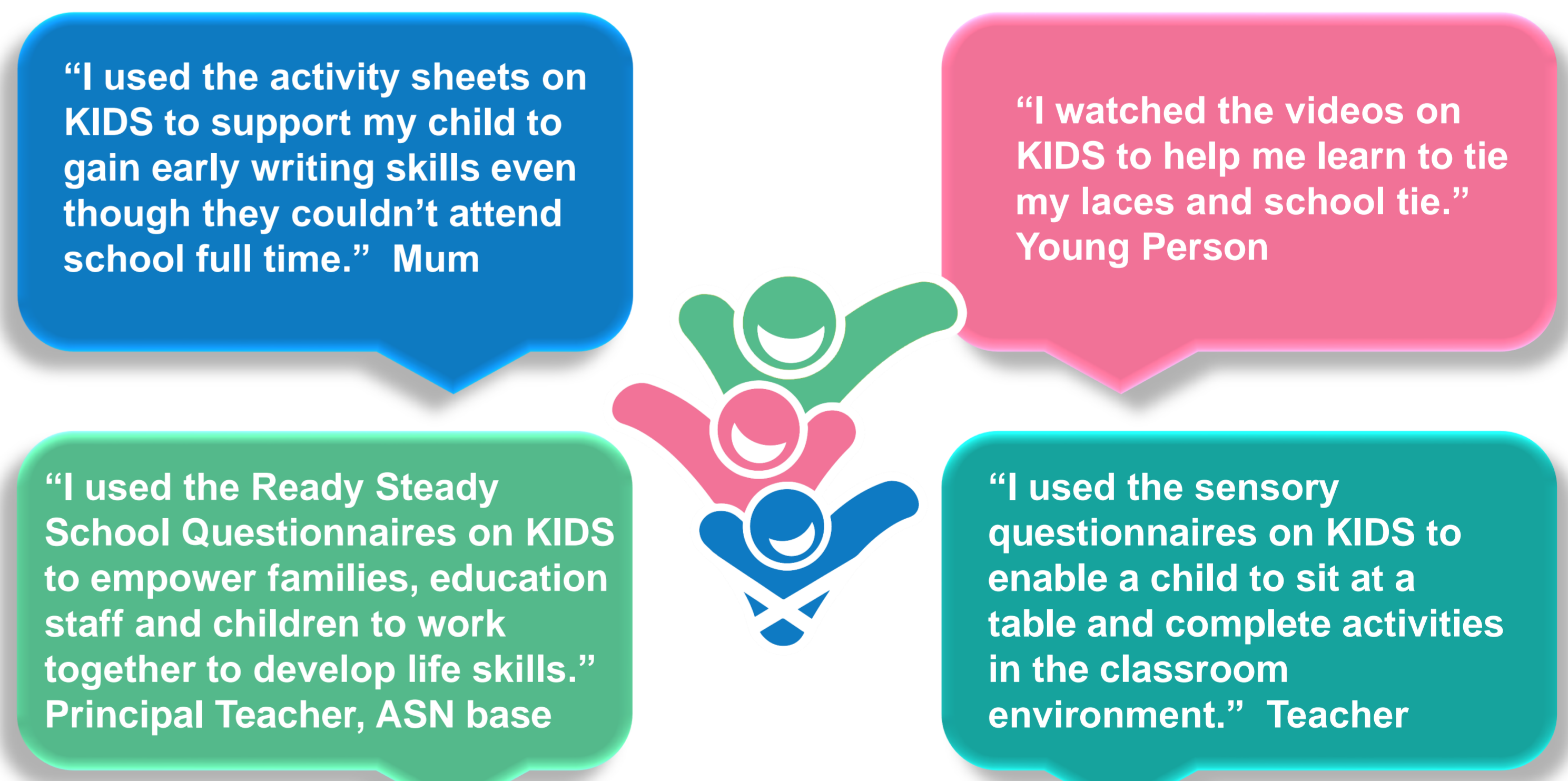
- During the pilot evaluation KIDS had 68,736 hits and on average people were spending 1 minute 34 seconds on a page.
- 76% of all families who were seen for an initial Occupational Therapy appointment in the pilot area were directed to KIDS as part of their journey.
- 25% were directed to KIDS and had no further follow up from Occupational Therapy.
- We are now averaging 20,000 hits a month with the average amount of time spent on a page being 1 minute 49 seconds.
- Therapists are spending less time creating resources for families enabling them up to spend more time directly with families.
- We are beginning to collect stories of how KIDS has impacted on children, young people, families and other professionals.

KIDS Use within Occupational Therapy



Next Steps

Due to the success of KIDS the content is being extended to include information from all professional groups within SCS in NHSGGC. Other Occupational Therapy Services in Scotland and England are signposting families and other professionals to KIDS. The Scottish Government are "currently exploring the possibility of supporting further expansion of KIDS to offer a national resource for families offering information across the Allied Health Professions." Pauline Beirne, National Lead AHP CYP.



Our Thanks

The KIDS team and NHSGGC Specialist Children's Service would like to thank The Glasgow Children's Hospital Charity for their support of the project and for providing the initial funding that got this project off the ground.



References

- Ready to Act – A transformational plan for children and young people, their parent, carers and families who require support from allied health professionals (AHPs) 2016. Available at <https://www.gov.scot/publications/ready-act-transformational-plan-children-young-people-parents-carers-families/> (Accessed: 16 January 2019)
- Scotland's Digital Health and Care Strategy: enabling, connecting and empowering 2018. Available at <https://www.gov.scot/publications/scotlands-digital-health-care-strategy-enabling-connecting-empowering/> (Accessed: 16 January 2019)



www.nhsggc.org.uk/kids

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