

Pan-Ayrshire Enhanced Intermediate Care and Rehabilitation Services

Authors: Annie Robertson, Alistair Reid, Craig Ross, David Thomson, Elaine Hill, Elaine Stewart, Emma Stirling, Fiona Smith, Maxine Ward, Kathleen McGuire, Stuart Gaw



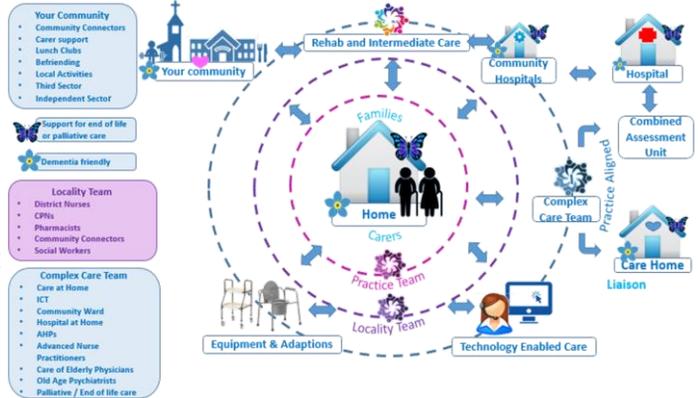
Background

An ambitious programme of transformation has been progressing across Ayrshire to develop high quality care and support underpinned by early intervention and prevention. This will help prevent people becoming unwell in the first place or enable them to manage their conditions more effectively at home or a homely environment avoiding unnecessary hospital admission



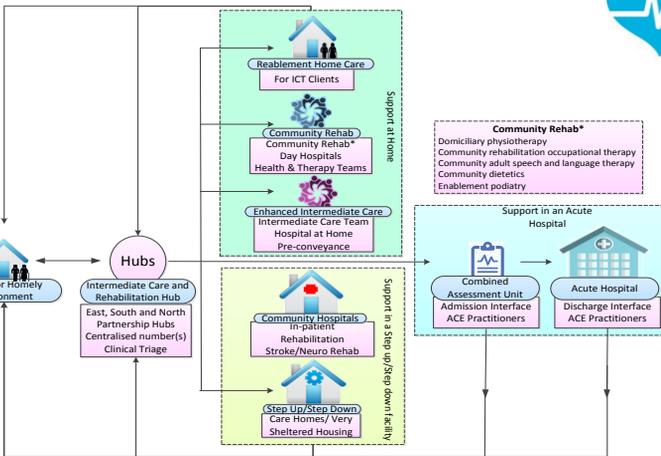
Methodology

Over a period of 18 months a network of professional leads and senior managers was established to drive this transformation across the three HSCPs and acute services, with engagement from a range of stakeholders and professional groups to develop a single model of intermediate care and rehabilitation across Ayrshire.



Enhanced Intermediate Care and Rehabilitation

From **19 November 2018** the Enhanced Intermediate Care and Rehabilitation Services provide a single point of access, with screening and clinical triage, ensuring the person is seen by the right service, incorporating technology enabled care, first time. The services operate 9am–5pm, 7 days per week. Staff support people at different stages of their recovery journey and people will be linked into existing intermediate care and rehabilitation services. This reduces duplication and fragmentation of services across Ayrshire and Arran.

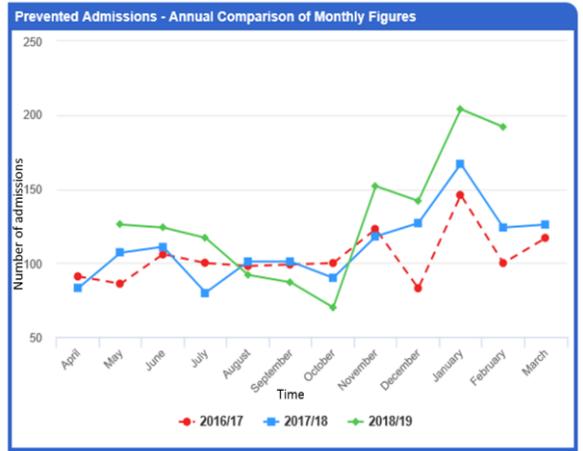


Outcomes

The new teams of multi-disciplinary professionals include: nurses and specialist nurses, dietitians, GPs, social care, occupational therapists, pharmacists, physiotherapists, podiatrists and speech & language therapists who ensure people receive the right care when they need it. They provide short term community-based rehab by treating a range of conditions at home, these include asthma diabetes, COPD, CHD, UTI, delirium or falls. They work with Primary Care and acute hospitals to avoid unnecessary hospital admission and promote early discharge from hospital.



Early Indicators



For more info contact:
AnnieRobertson@north-ayrshire.gov.uk