

Working Together to Address Inequality: Practising Realistic Healthcare



The Queen's Nursing Institute Scotland





- A small charity with a big vision
- Committed to social justice
- Empowering community based nurses to become catalysts for change



Pioneer



Social reformer



Christian Guthrie-Wright



Princess Louise



Louisa Stevenson

Pioneer



Jessica Davidson

Rebel with a cause



Hilary Alba

Social reformer



Rachel McReady



The Queen's Nurse Programme

- Inspirational
- Creative
- Contemplative





Jess Davidson

Senior Clinical Forensic Charge Nurse, St Leonard's Police Station, Edinburgh



Hilary Alba

Senior Charge Midwife, Special Needs in Pregnancy(SNiPs)Team, NHS GGC



Rachel McReady

Parish Nurse, Steeple Church, Dundee



What are the common threads?









Questions, themes, and issues





- Hilary Alba, Community Midwife, supporting pregnant women who are asylum seekers.
- Anne Burns, Family Nurse Consultant, capturing the voices of teenagers in FNP programme.
- Julie Churchill, Nursing Lecturer, inspiring the next generation of district nurses.
- Jessica Davidson, Senior Clinical Forensic Charge Nurse, caring for those in police custody.
- Lorna Dhami, Practice Nurse, improving cervical smear uptake within a Deep End practice.
- Michelle Duffy, Advanced Practice Respiratory Nurse, reducing admissions for COPD.
- Kelvin Frew, Mental Health Nurse, improving care for those in mental distress, with the police.
- Joan Gracie, Family Nurse Supervisor, making a difference to vulnerable young people.
- Ian Hall, Advanced Nurse Practitioner, leading holistic care on a small non-doctor island.
- Hazel Hamilton, Senior Community Charge Nurse, making student practice placements fabulous.





- Ally Lister, District Nurse, preventing pressure damage and healing leg ulcers across Moray.
- Gemma MacDonald, Health Visitor, inspiring a team to support young families in Fife.
- Kate McConville, Care Home Nurse, leading high quality residential care.
- Barbara McFadzean, Community ANP, modelling new ways of delivering integrated care.
- Rachel McReady, Parish Nurse, reaching out to homeless people in Dundee.
- Delia Howlett, District Nurse, pioneering integrated neighbourhood care in Coldstream.
- Kitty Millar, MND/MS Nurse Specialist, bringing specialist services to Argyll and Bute.
- Lesley Paterson, Practice Development Nurse, transforming school nursing in Perth and Kinross.
- Clare Stiles, Team Leader for Child Health, leading care for children and families across Shetland.
- Debra Vickers, Nurse Consultant for Cardiology, improving urgent cardiac care in the Western Isles.





- Joanne Anderson, Senior Nurse for Primary Care, transforming primary care in Ayrshire.
- Pauline Buchanan, Dermatology Nurse Practitioner, pioneering primary care dermatology clinics.
- Tracey Clusker, Substance Misuse Nurse, reaching out to Edinburgh's most marginalised citizens.
- Kirsteen Coady, Advanced Nurse Practitioner, introducing House of Care to Macduff.
- Moira Flett, MS/MND Advisor, bringing creativity to care for people across the Orkney islands.
- Lyndsey Forsyth, ADHD Nurse Specialist, inspiring children with ADHD to live life to the full.
- Bob Gardiner, Offshore Medic, addressing the mental health needs of staff on the Eider platform.
- Lorraine Haining, Nurse Consultant, pioneering compassionate care for those with dementia.
- Gerry Hastie, Community Mental Health Nurse, supporting those who have experienced trauma.
- Brenda Kirk, Children's Nurse, helping families adjust to life with a child with additional needs.
- Julie Lennon, ANP, role modelling remote nursing in Gairloch, north west Highlands.





- Coleen Mcleod, Substance Misuse Nurse, bringing recovery care services to Lewis and Harris.
- Brigid McMaster, District Nurse, transforming out of hours district nursing in Ayrshire.
- Caroline Porter, Diana Children's Nurse, enabling end-of-life care for children and their families.
- Rachel Pulman, Looked After Children's Nurse, caring for vulnerable young people in Borders.
- Keri Ratter, School Nurse, addressing equity of care for children across the Shetland islands.
- Cathanna Smith, ANP, on a mission to promote advanced nursing practice in Scotland.
- Elizabeth Smith, Breastfeeding Advocacy for Scotland, leading cultural change.
- Margaret-Ann Williamson, Health Visitor, supporting families in Forth Valley facing challenges.
- Madeline Wilson, District Nurse, leading the integration of district nursing in Renfrewshire.
- Lesley Wylie, Care Home Nurse, introducing Namaste Care to those with advanced dementia.

