



Transforming Care After Treatment for Cancer with R.O.P.E

Recovery Orientated Practice and Emphasis

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Background

Methods

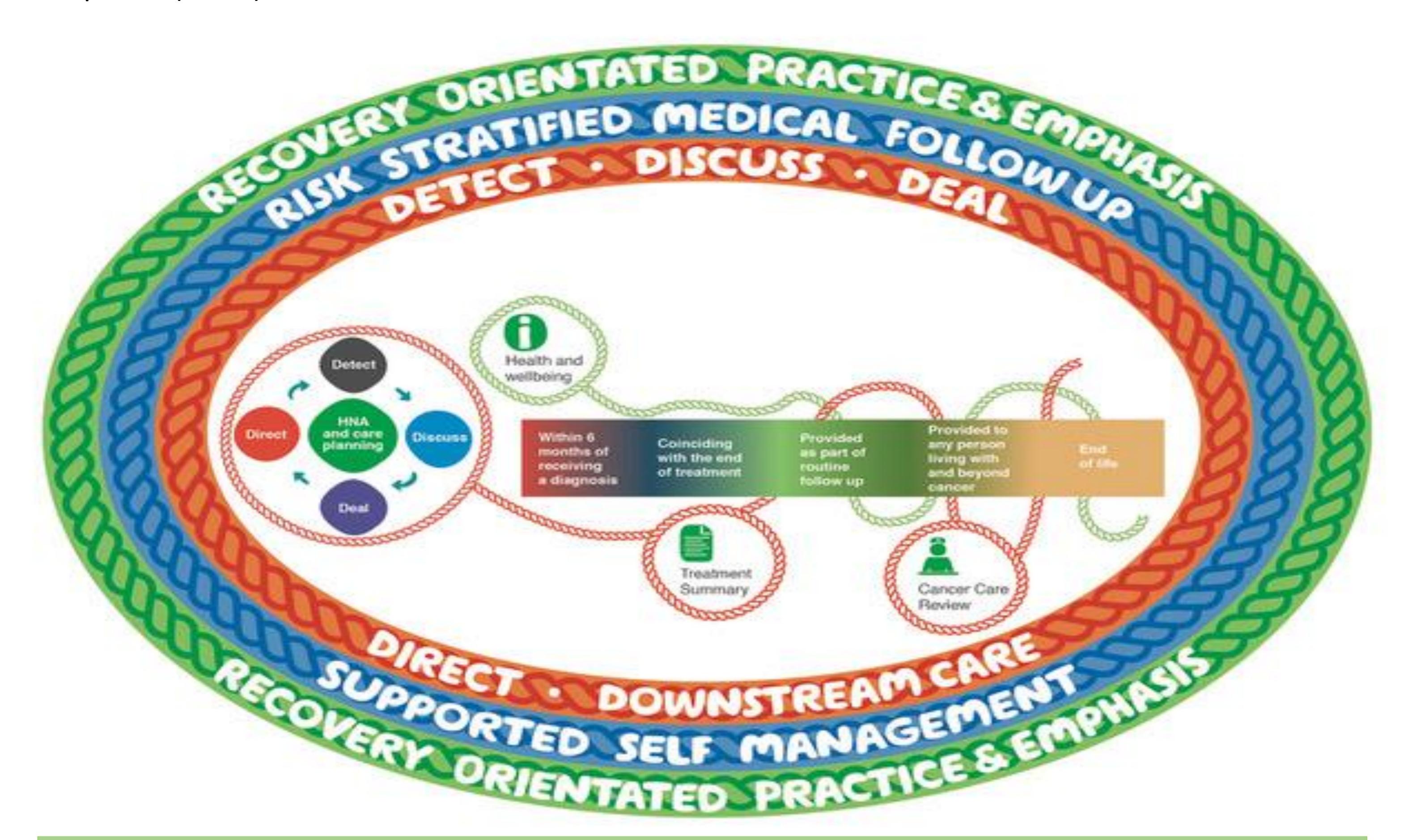
The Macmillan funded, Transforming Care after Treatment (TCAT) programme in Scotland supported the testing of models of health and social care to support people living with and beyond cancer. Key within many was the implementation of one or more components of the Recovery Package. Edinburgh Napier University (2013-2017) conducted the national evaluation of the overall programme and contributed to the local evaluations of most projects.

The overall evaluation aimed to identify key lessons from the implementation and impact of TCAT across Scotland. From these, key principles of successful reform, system development and practice enhancement were identified.

A mixed method, longitudinal approach was taken which included annual survey of stakeholders; pre- and post-project focus group discussions with local projects (n=12) interviews with practitioners (n=25) and patient interviews (n=30).

Key principle of successful reform, system development and practice enhancement

TCAT initiatives confirmed the need for services and practice to consistently view diagnosis, treatment and 'survivorship', not as distinct events in a person's life, or as separate service responses, delivered at a set time in that pathway – but as embedded support within their whole life's journey. This programme demonstrated the need for Recovery Orientated Practice and Emphasis (ROPE).



Reference